

ALIGNMENT TO AQF9 – MASTER OF GESTALT THERAPY

June, 2017

Author: Amanda Ross

Approved: Academic Governing Body

Review date: November 2017

Course name	Master of Gestalt Therapy		
Delivery Sites	Gestalt Therapy Brisbane/ Gestalt Therapy Sydney		
Delivery mode	Face to face/ intensive/ Other (Clinical Practice/ Residential). Part-time.		
AFQ Specification	Level 9	Course outcomes	Graduate attributes
Summary	Graduates at this level will have specialised knowledge and skills for research, and/or professional practice and/or further learning	<p>Graduates are qualified Gestalt therapy practitioners with an ability to work in professional practice across a range of issues with individuals, groups, couples, families and in organisational settings.</p> <p>Graduates are eligible for intern membership of the Psychotherapy and Counselling Federation of Australia (PACFA) and can then complete requisite practice to seek full membership with PACFA</p>	
Knowledge	Graduates at this level will have advanced and integrated understanding of a complex body of knowledge in one or more disciplines or areas of practice.	<p>Graduates have mastery of the technical and cognitive theory of Gestalt therapy and psychotherapy and their methodologies including recent developments in the discipline of psychotherapy that inform Gestalt practice;</p> <p>Graduates have a critical understanding of the complexity of issues in the lives of individuals and the manifestation of these as they present as clinical issues for counselling and psychotherapy;</p>	<p>Specialised knowledge of field of study</p> <p>Academic literacy</p> <p>Critical analysis and judgement</p>

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		<p>Graduates have a critical understanding of the social, cultural and developmental field in which counselling and psychotherapy occurs; and</p> <p>Graduates have knowledge of research principles and methods and how these can be used to enhance their own practice.</p>	
<p>Skills</p>	<p>Graduates at this level will have specialised cognitive and technical skills in a body of knowledge or practice to independently:</p> <ul style="list-style-type: none"> Analyse, reflect on and synthesise complex information, problems, concepts and theories Research and apply established theories to a body of knowledge or practice Interpret and transmit knowledge, skills and ideas at to specialist and non-specialist audiences 	<p>Graduates have cognitive, technical and creative skills to demonstrate their mastery of Gestalt therapy theory and methodologies to analyse and synthesise complex information, problems, concepts and theories relating to human experience and interactions.</p> <p>Graduates have effective communication skills to engage with individuals and groups in therapeutic relationships and to engage effectively in group and organisational settings.</p> <p>Graduates have cognitive, technical research and creative skills to investigate Gestalt theory and methodology and develop approaches and solutions to complex problems and issues relating to human experience and interactions.</p> <p>Graduates have communication and technical research skills to justify and interpret research and to evaluate, implement, analyse and theorise about its application to complex human experience and interactions to audiences including students and practitioners of Gestalt therapy and the broader psychotherapy community.</p>	<p>Specialised knowledge of field of study</p> <p>Academic literacy</p> <p>Critical analysis and judgement</p> <p>Effective interpersonal communication and engagement</p> <p>Self-awareness, self-management and self-development</p> <p>Independence and creative use of self</p>

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<p>Application of knowledge and skills</p>	<p>Graduates at this level will apply knowledge and skills to demonstrate autonomy, expert judgement, adaptability and responsibility as a practitioner or learner</p>	<p>Graduates apply their mastery of Gestalt therapy theory and methodology, critical analytic and judgement and communication and engagement skills with creativity and initiative to undertake assessment, treatment and referral:</p> <ul style="list-style-type: none"> • as a Gestalt therapist with individuals and groups with complex needs and situations to achieve positive therapeutic outcomes, and • as a Gestalt therapy practitioner with group and organisational dynamics to achieve effective outcomes. <p>Graduates understand the contribution of research to the profession of counselling and psychotherapy, apply effective research principles and methods to inform their practice for the benefit of clients.</p> <p>Graduates demonstrate a high level of autonomy and accountability by:</p> <ul style="list-style-type: none"> • working ethically and sensitively in psychotherapy, counselling and any other chosen area of work; • engaging in adult, relational and experiential learning that enhances their ability to be effective in their practice; and • drawing on their unique life experiences and world-view to be independent thinkers and original practitioners. 	<p>Specialised knowledge of field of study</p> <p>Academic literacy</p> <p>Critical analysis and judgement</p> <p>Effective interpersonal communication and engagement</p> <p>Self-awareness, self-management and self-development</p> <p>Independence and creative use of self</p>
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		<p>Graduates have planned and executed:</p> <ul style="list-style-type: none">• a capstone experience as a Gestalt therapist with a client in an extended therapeutic relationship;• a comprehensive literature review in an area of interest; and• a project in an area of their own interest that is a summation of their Gestalt educational experience.	
		<p>The volume of learning of the Master of Gestalt Therapy is 2 years (including 0.5 years of the nested Graduate Certificate in Gestalt Therapy) undertaken part-time over 4 years, following a level 7 qualification in a different discipline.</p>	