



# GESTALT THERAPY

## BRISBANE

### ***Guest couple information***

***Event: Year 4 Guest Couples weekend in mid-June.***

We are inviting couples to sit with our year 4 student therapists for between 30-45 minutes. The idea is to support the learning for year 4 students of our Master of Gestalt therapy program, in working therapeutically with couples utilising their Gestalt therapy skills.

As a one-off session, there are no follow-up appointments offered. However, couples may find that this is an important beginning place in their therapy and if needed, will be referred for additional support.

**Please be aware that we are unable, in this learning context, to work with couples where there is domestic/partner violence, acute mental health or addiction issues.**

### **Session details;**

- A session will be 30-45 minutes
- Session will be led by two fourth year students working together as therapists. The student therapists and you will be supported by the trainer
- Sessions will be observed by the trainer (an experienced couples therapist) and other year 4 student observers
- At the end of your session there will be a feedback session for about 20 minutes between students and the trainer (clients are welcome to stay for the feedback or may choose to leave)

### **Weekend details;**

- On Saturday three couples needed and Sunday one couple needed
- Times may vary to suit the requirements of couples
- The trainer, Sean Tonnet and GTB academic staff will be present
- The trainer will contact couples prior to the weekend to discuss any support needs
- This weekend is held at Gestalt Therapy Brisbane 431 Montague Road, West End

If you are interested, go to: [Be a client!](#)